

# How it all started

Planting by the moon phases has been practised by people around the world for thousands of years. More than 35 years ago while growing vegetables commercially we started experimenting with different sowing times for crops based on the phases of the moon.



We found those seeds planted in a certain moon phase grew faster and more healthy than others from the same batch planted outside of the premium time.

For example, lettuce seeds planted out of phase would go to seed, while others from the same batch planted at the right time would be robust and hardy, germinating within days and be resistant to insect attack.

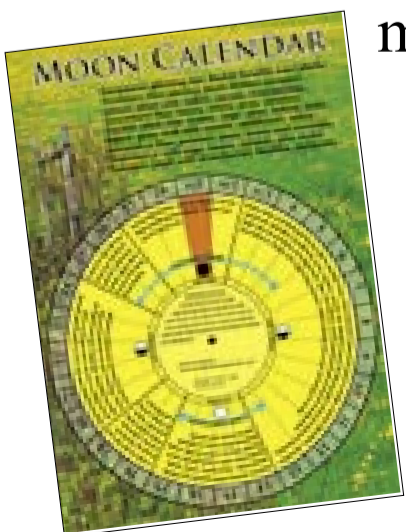
We continued to plant by these moon cycles as we moved into the horticultural industry, applying it to growing shrubs and flowers, taking cuttings and growing seedlings for our plant nursery.

A high sap run was obvious in the growing time, resulting in a high strike rate for cuttings and faster growth.



Just as the moon influences the rise and fall of the tides, so it is that plants, having a high water content, are also influenced by the moon phases. At different moon phases the gravitational pull of the sun and moon are combined to create a high sap run in plants. At other times these natural forces create a “rest period”.

Our Moon Gardening Calendar divides the 28-day lunar cycle into just six segments of various lengths to show the best time for different gardening jobs in any given month, year after year.



It is an easy method that lasts a lifetime.

Happy Gardening!

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